

Grandparenting



Life-On-Life & Getting to the Heart

Hand Out #3, Feb. 11, 2018

Elements of Discipleship (continued)

7. Build the Relational Bridge

Discipleship occurs through _____ (Mark 1:17-18). Think of relationships as a love bridge between two people. Work hard at building that loving relationship with: a _____ foundation, shared experiences, time, truth, transparency, and missional living. The stronger the bridge, the heavier and more significant the communication load that can be transferred between the two people (Titus 2:11-15). Diligently build the bridge, but try not to overload it! Bridge communication capacity chart:

1 lb	Encouragement (ex. complements, blessings, positive observations, affirmation etc.)
10 lb	Facts, Circumstances, Teaching (ex. Bible facts/teachings, preferences, sports, school, etc.)
100 lb	Openly discuss differences on important topics (ex. theological, philosophical, lifestyle etc.)
1000 lb	Open about feelings related to core beliefs (fear, angry, guilty, confused etc.)
1 ton	Confess temptations and sin. (ex. pride, greed, doubt, selfishness, lust etc.)
10 ton	Freely correct and rebuke sin in the other's life and challenge up to a higher standard

8. Intentional & Comprehensive Approach

Discipleship requires life on life. God gave parents and grandparents 12+ years to disciple children, in-home, living life-on-life (Deut. 6:1-9). Jesus spent three _____ years discipling 12, living life-on-life. The more life-on-life you can do with your kids, grandkids the more opportunity you will have to disciple. Discipleship requires _____ than most are willing to give it, that's one reason so many fail at effectively discipling the next generation. Use technology to your advantage (e.g. Facebook, Messaging, Emails, Skype, Facetime, What'sApp, and good old fashioned letters 😊).

9. Getting Past the Head and Into The Heart

Everything we do and say comes from the _____ (Luke 6:43-45). If we are not exposing and working with the motivations of the heart (Prov. 20:5), we really don't know what the youth _____. Learning to discern actions and attitudes, asking heart revealing questions, and nurturing wholehearted love for God-grounded in truth-is key to the discipleship process. Anyone willing, can follow Christ's example and learn to do this.

Optional Homework:

1. What stuck out to you most in the last session? Write it down in a journal. Meditate on the passages referenced. Pray and ask God how this might pertain to your situation and those you seek to disciple.
2. Who are you discipling? Write down their names in your journal. How are things progressing? Are there any steps or changes you need to make? Do you need any help getting started or learning a new approach? Write down an action plan and take the next step. Help is available ! Remember, it's not perfection but direction! We just have to humble ourselves and wholeheartedly try while increasingly depending on Jesus.

If you have comments or questions, or if you would like to discuss a particular situation, I would be happy to offer a perspective and/or brainstorm ideas for your consideration. Email: richard@malachiman.com
Enjoy the great privilege of being used by God to impact eternity!

Recommended resource:

How People Grow; (2004) H. Cloud & J. Townsend

"...turn the hearts of the fathers to their children, and the hearts of the children to their fathers..." Malachi 4:6